# Preconception/Prenatal requisition form

1. Collect the patient's sample by following the instructions in the kit.

Instructions

Ethnicity. Select all that apply.

□ Middle Eastern

Pacific Islander

□ Unknown

Native American

#### 2. Place this form in the kit along with the sample(s). Incomplete information may delay sample processing. **Required patient information Clinic information** Myriad Genetics will use this information to contact the patient via e-mail, SMS and/or phone Required: Ordering healthcare provider\* regarding payment, screen processing status and online results access, or as otherwise outlined Select one or write in. in the Informed Consent document. By submitting this requisition, I confirm that I have obtained the patient's express authorization to be contacted by Myriad through any of these means.

Fax:

MI

Patient e-mail address\*

Patient legal name (first)\*

#### Patient legal name (last)\*

			🗆 Northern European e.g. British, German	
Patient mobile number			🗆 Southern European e.g. Italian, Greek	
			French Canadian or Cajun	
			🗆 Ashkenazi Jewish	
Patient address			Other/Mixed	
			🗆 East Asian e.g. Chinese, Japanese	
			🗆 South Asian e.g. Indian, Pakistani	
City	State	Zip	🗆 Southeast Asian e.g. Filipino, Vietnamese	
Required: Sex at birth*		□ Male	African or African American	
	□ Female		□ Hispanic	

Sex assigned at birth is a label given to an individual at birth, typically "female" or "male".

## Date of birth\* (mm/dd/yyyy)

#### Authorized representative

By providing the below contact, I confirm that the patient has expressly consented to Myriad sharing the patient's protected health information, including screening results and billing information, with the person listed upon request. This authorization will expire 180 days from the date signed unless otherwise specified by the patient.

Name	Relationship to patient	
Required pregnancy information		
Required: Pregnant?*       Yes (Z34.90)       No         Due Date*(mm/dd/yyyy):       //         First pregnancy?       Yes       No	<ul> <li>For Prequel orders:</li> <li>If pregnancy type not provided, sample will be analyzed as singleton.</li> <li>If there is history of fetal demise and/or transplant, please contact Myriad to discuss the case.</li> <li>Send sample immediately or recollection may be required.</li> <li>For predicted sex-at-birth results, please select 'sex chromosome analysis' in the Testing options section.</li> </ul>	
Foresight <sup>®</sup> Carrier Screen		
Place patient's Foresight Carrier Screen barcode or write here: Foresight barcodes begin with 1 or 5.	Collect: (One) Lavender top tube or OG-510 collection date*	
Required: Disease panel* Select one or write in.	Required: Describe relevant family history or prior testing. $\star$	
D	Is patient egg/sperm donor?  Yes  No Required: Clinical indications*	
□	Codes below are not exhaustive.  Family history and/or partner positive screen: 284.81	
	Other family history: Z82.79	
□	□ Screening for genetic disease carrier status: Z31.430, Z31.440	
□	□ Family history of consanguinity: Z84.3	
□ Include fragile X (female only)	□ Supervision, normal 1st pregnancy: Z34.00, Z34.01, Z34.02, Z34.03	
Reproductive partner's information	□ Supervision, other normal pregnancy: Z34.80, Z34.81, Z34.82, Z34.83	
A separate requisition must be completed for partner	Other genetic carrier status: Z14.8	
test. Provide at least 2 of the following 3 identifiers to	☐ High-risk ethnicity: Z15.89	
combine results.1	$\Box$ Family history of intellectual disabilities: Z81.0	
1. Name:      2. DOB (mm/dd/yyyy):/      3. Place partner's Foresight Carrier     Screen barcode or write here:	Comparison of the observation of the physical and the physical and the partner's information. I certify that I have obtained each partner's consent to combine their results, and have advised each partner that both parties will have access to each other's test results. Combined results can only be generated if the physician is the same for both partners. Partner information may also be used for unmerged results.	

## Required billing information - Select A, B or C Tests ordered will be processed and billed based on paver criteria. □ Option A: Bill to insurance Attach a copy of the front and back of patient's insurance card. Policyholder's name\* Insurance company name\* Relationship to insured:

Member ID number\*

□ Option B: Bill to patient

Option C: Bill to clinic

Group number

П □.

 $\square_{-}$ 

□ Self □ Spouse □ Child □ Other Subscriber's sex at birth\*: □ Female □ Male

Subscriber's date of birth (mm/dd/yyyy)

Authorization number

If obtained, please attach.

#### **Required authorization**

Healthcare provider statement of medical necessity By submitting this requisition,

I confirm that I have obtained the patient's informed consent (at minimum that which is included in the "Myriad Informed Consent" https://myriad.com/womens-health/consent-policies/#24) for the screening after pre-test counseling about the risks, benefits, and alternatives (see back page for additional information). The patient has had the opportunity to ask questions and has voluntarily decided to have this screen.

Furthermore, I confirm that this Myriad screen is medically necessary for the patient. I understand that the definition of medical necessity may vary based on payer medical policy. Unless the box indicating a twin pregnancy is checked, I certify the current pregnancy is a singleton. I authorize the disease panel, the associated patient results, and report to be amended in accordance with payer medical policy.

Required: Signature of healthcare provider*	Date*(mm/dd/yyyy)
This date will be deemed the date of service if an alternative collection date	is not provided.

Place patient's Prequel Prenatal			
Screen barcode or write here: Prequel barcodes begin with 3.	(One) 10m STRECK	nL Required: Sample collection date.*	
Required: Testing options*	Required: Clinical i		
Select all that apply.	Codes below are not exhaustive. Advanced maternal age, 1st pregnancy: 009.519,009.511,009.512,009.513		
If none checked, only common aneuploidy (13, 18, 21) will be selected.			
Common aneuploidy, chromosome 13, 18, 21 (Z36.0)	Advanced maternal age, not 1st pregnancy: 009.529, 009.521, 009.522, 009.523		
□ Include sex chromosome analysis <sup>2</sup>	Abnormal U/S, non-CNS*: 028.3, 035.10X1		
Include microdeletions, singleton only	Abnormal U/S, CNS*: 035.05X1, 028.3		
□ Include expanded aneuploidy, singleton only,	Abnormal maternal serum screen*: 028.5,035.10X1		
includes all 22 autosomes	Chromosome abnormality suspected in fetus*: 035.10X1		
Additional information Pregnancy type: <sup>3</sup>	Previous pregnancy/child affected with chromosome abnormality: 035.2XX1, 009.291, 009.292, 009.293		
	Family history*: 282.79		
Was the pregnancy conceived by assisted reproductive technology? □ Yes □ No	Supervision normal; 1st pregnancy: 234.00. Z34.01. Z34.02. Z34.03		
Was egg donor used? □Yes □No	□ Supervision other normal pregnancy: Z34.80, Z34.81, Z34.82, Z34.83		
Age of egg or donor at time of retrieval:	Other ICD-10 codes:		
//	*Provide details and	d attach report with sample.	
NT ultrasound date. (mm/dd/yyyy)			

<sup>2</sup> Twin sex chromosome analysis is limited to fetal sex prediction for each twin. <sup>3</sup> Screening cannot be performed if there are higher order multiples.

# Myriad genetics

Page 1 of 2

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# Prenatal cell-free DNA (cfDNA) Screening

## Purpose

Prenatal cell-free DNA screening (cfDNA screening) is a non-invasive blood screen that can be taken early in pregnancy to learn about the chance for the fetus to have certain types of chromosome conditions including trisomy 21, trisomy 18, and trisomy 13. These conditions can lead to health issues, including birth defects and intellectual disabilities, and the severity can vary.

#### Benefits

Prenatal cfDNA screening results may help the patient and healthcare provider make more informed medical management decisions. Compared to other screening methods for chromosome conditions, cfDNA screening has fewer false positives and false negatives.

#### What you might learn

Prenatal cfDNA screening results indicate whether there is an increased or decreased chance for certain chromosome conditions. All "positive" results should be discussed with a healthcare provider. Follow-up testing (diagnostic testing) is recommended to determine if a chromosome condition is present or not. "Negative" results significantly reduce, but cannot eliminate, the chance of a chromosome condition in a pregnancy; this result does not guarantee a healthy pregnancy.

#### **Risks and limitations**

Prenatal cfDNA screening may reveal sensitive information about the health of the pregnancy, or, rarely, the patient's own health. Prenatal cfDNA screening will detect most pregnancies in which the fetus has one of the chromosome conditions listed above, but it does not detect or look for all known genetic diseases, syndromes, or birth defects. As with all medical screening tests, there is a chance of a false positive or false negative result.

#### Alternatives

There are various options available that provide insight into the chromosomal health of the pregnancy. These include screening as well as invasive diagnostic options, such as chorionic villus sampling (CVS) or amniocentesis. Diagnostic testing can provide definitive information about the chromosomal health of the pregnancy. Options for testing for chromosome abnormalities should be discussed between each patient and their healthcare provider. As all testing for chromosome differences is completely voluntary, a patient has the right to decline all such tests during pregnancy.

## Carrier Screening (CS)

### Purpose

Carrier Screening is a non-invasive blood or saliva screen that can be performed prior to or during pregnancy. The screening can help determine the chance of passing specific serious genetic conditions, such as cystic fibrosis or spinal muscular atrophy, to a fetus.

#### Benefits

CS results may help the patient and healthcare provider make more informed medical management decisions.

#### What you might learn

CS results indicate whether a reproductive patient or reproductive couple has an increased or decreased chance to pass on specific genetic conditions. All screen "positive" results should be discussed with a healthcare provider and appropriate follow-up testing should be considered. "Negative" screen results significantly reduce, but cannot eliminate, the chance to pass on specific conditions and do not guarantee a healthy pregnancy/child. Patients with an increased risk may consider pursuing additional support to help plan and prepare, speaking with a specialist or a genetic counselor, performing diagnostic testing such as CVS or amniocentesis, or exploring other family building options. These options should be discussed between each patient and their healthcare provider.

#### **Risks and limitations**

CS may reveal a patient's carrier status or reduce their chance to be a carrier of specific conditions. It does not screen for all known genetic conditions. As with all medical screening tests, there is a chance of a false positive or false negative result. As all testing for genetic conditions is completely voluntary, a patient has the right to decline all such tests at any time.

For online ordering, please visit: provider.myriad.com

