

A PATIENT GUIDE

What should you know about hereditary cancer testing?





Hereditary cancer can develop in families due to changes in their genes.



We're all familiar with the phrase, "It runs in the family." Much of who we are physically comes from our DNA, which comes from the DNA of our biological parents. Mutations in DNA happen regularly and can contribute to hereditary cancer risk. DNA mutations occur frequently and can increase the risk of hereditary cancers, including the possibility of developing a second type of cancer.



Now is the time to take control of your health. A simple saliva test can clarify your inherited risk of developing one or more cancers so you can take early preventive action.







The MyRisk Hereditary Cancer Test

Myriad's MyRisk Hereditary Cancer Test gives you a clearer understanding of your individual risk for 11 types of hereditary cancers. By looking at your genes, MyRisk can identify whether you carry a genetic mutation that is associated with an increased risk for hereditary cancer.



There are three possible results from MyRisk testing:

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Positive

A genetic mutation was identified that increases your risk for cancer.



Negative

No clinically significant mutations were identified in the genes that were analyzed.



Variant of uncertain significance (VUS)

A genetic mutation was detected, but it is unknown at this time whether it is associated with increased cancer risk.

Every report includes the MyRisk Genetic Result and personalized MyRisk Management Tool. You'll have the opportunity to discuss your results with a board-certified genetic counselor and work with your healthcare provider to determine a personalized healthcare plan.







Depending on your result, your provider may decide on steps to prevent cancer or detect it at an earlier stage.

These may include:



More frequent screenings



Medications to lower risk



Preventive surgery to reduce risk



Get started today with virtual care.

Starting at \$42, you can book a virtual appointment with a board-certified genetic counselor who will review your medical history, order your test, and help you collect and submit your saliva sample from home. They will be available to explain your test results and answer any questions you may have – all without ever stepping foot out your door. The cost of analyzing your sample will be billed to insurance.

Ready to test now? Learn more and get started here.



Costs are often covered by insurance.

The cost of hereditary cancer testing depends on several factors. Before running your test, we will contact you with a cost estimate after checking your insurance benefits and financial assistance eligibility. About 95% of private insurers have coverage for testing, and 90% of tested patients pay \$0 out-of-pocket.¹

1. Based on internal Myriad data, 2023

We're here to answer your questions.

Looking for more details? Myriad Genetics is here to support your healthcare journey.

Contact our customer support team for information on how to get tested and order a kit. **(833) 398-2137**

Contact our team of board-certified genetic counselors for medical questions related to genetics and hereditary cancer testing. **(833) 896-0480**

