

What should you know about hereditary cancer testing? A patient guide

"I felt really empowered, because I knew that should something develop, they were going to catch it early."

– Ashley Dedmon



Hereditary cancer can develop in families due to changes in their genes.



We're all familiar with the phrase, "It runs in the family." Much of who we are physically comes from our DNA, which comes from the DNA of our biological parents. Mutations in DNA happen regularly and can contribute to hereditary cancer risk. In fact, inherited genetic changes are responsible for up to 10% of all cancers, including the risk of developing a second type of cancer.



Now is the time to take control of your health. A simple saliva test can clarify your inherited risk of developing one or more cancers so you can take early preventive action.



The MyRisk™ Hereditary Cancer Test

Myriad's MyRisk Hereditary Cancer Test gives you a clearer understanding of your individual risk for 11 types of hereditary cancers. By looking at your genes, family history and personal risk factors, MyRisk can identify whether you carry a genetic mutation that is associated with an increased risk for hereditary cancer.



There are three possible results from MyRisk testing:



Positive

A genetic mutation was identified that increases your risk for cancer.



Negative

No clinically significant mutations were identified.



Variant of uncertain significance (VUS)

A genetic mutation was detected, but it is unknown at this time whether it is associated with increased cancer risk.

Every report includes the MyRisk Genetic Result and personalized MyRisk Management Tool. You'll have the opportunity to discuss your results with a certified genetic counselor and work with your healthcare provider to determine a personalized healthcare plan to support your future health.





Depending on your result, your provider may decide on steps to detect or treat cancer at an earlier stage.

These may include:

- ✓ More frequent screenings
- ✓ Medications to lower risk
- ✓ Preventive surgery to reduce risk



Two convenient options for testing.

It's easier than ever to start your hereditary cancer testing journey. With two pathways for testing, powerful genetic insights can be yours within two weeks of sample submission. Explore your testing options below.

☐ **Virtual care starting at \$42**

For \$42, an online genetic counselor will review your medical history, order your test and guide you to collect and submit your saliva sample from home. They will be available to explain your test results and answer any questions you may have. The remaining cost is to be determined, as it will be billed to insurance to cover the cost of analyzing your sample.

☐ **Preferred provider**

Obtain a test kit at no cost and work with your healthcare provider to submit your saliva sample for testing. Or, contact our Patient Support Concierge with questions about testing and assistance with kit ordering.



Costs are often covered by insurance.

The cost of hereditary cancer testing depends on several factors. Before running your test, we will contact you with a cost estimate after checking your insurance benefits and financial assistance eligibility. About 95% of private insurers have coverage for testing, and 90% of tested patients pay \$0 out-of-pocket.

We're here to answer your questions.


Looking for more details? Myriad Genetics is here to support your healthcare journey.



Contact our Patient Support Concierge for information on how to get tested and order a kit. [\(833\) 398-2137](tel:833-398-2137)

Contact our team of genetic counselors for medical questions related to genetics and hereditary cancer testing. [\(833\) 896-0480](tel:833-896-0480)

95% 
of private insurers
have coverage for testing

90% 
of tested patients
pay \$0 out-of-pocket