# Your MyRisk<sup>®</sup> report has three sections

(i) Images are for reference only, they do not reflect your results.

### **1. Genetic result**

GENETIC RESULT: NEGATIVE - NO CLINICALLY SIGNIFICANT MUTATION IDENTIFIED At this time, any genetic changes identified in this report are not known to warrant modification of the patient's medical management beyond what is indicated by the patient's personal and family history.

#### BREAST CANCER RISKSCORE®: REMAINING LIFETIME RISK 25.0%

This level of risk is at or above 20% threshold for consideration of modified medical management. See RiskScore Interpretation Section for more information.

This section of the report describes your result. An elevated result means that no genetic mutations linked to an increased chance of developing cancer were found in the genes tested. However, you still have an elevated risk of developing certain cancers based on other factors in your report, such as your personal or family history. Learn more in the sections below and on the first page of your lab report.

## 2. Family health history

FAMILY MEMBER	CANCER / CLINIC	CANCER / CLINICAL DIAGNOSIS		AGE AT DIAGNOSIS	
Patient	Colorectal Polyps: 1	Colorectal Polyps: 1		Not Provided	
Father	Colorectal Polyps: 10	Colorectal Polyps: 100-999		52	
Jncle Paternal	Melanoma	Melanoma		45 <sup>±</sup>	
Brother	Colorectal Polyps: # N	Colorectal Polyps: # Not Specified 36			
PATIENT CLINICAL HISTORY SUMM	ARY				
Patient's age	39	Hormone Replacement Therapy (HRT)		Not Specified	
Ancestry	White/Non-Hispanic	- HRT: Treatment Type		Not Specified	
leight	5 ft 7 in	- HRT: Current user		Not Specified	
Weight	175 lbs	- Number of years ago started		Not Specified	
Age of menarche	13	- Additional years of intended use		Not Specified	
Patient's menopausal status	Pre-menopausal	- HRT: Past user		Not Specified	
- Age of onset	N/A	- Number of years ago ended		Not Specified	
Age of first live birth	27	Breast biopsy		No Benign Dise	

This section contains personal and family health history that your healthcare provider provided to the lab when ordering your test.

Some people might have a higher chance of developing certain types of cancer based on their personal or family health history.

The information listed here could influence the medical care options described in the next section of the report.

## 3. MyRisk Management Tool



The MyRisk Management Tool includes three key summaries: a results summary, a list of cancer types relevant to your results, and expert medical recommendations for your care such as cancer screening frequency, medications, and lifestyle changes.





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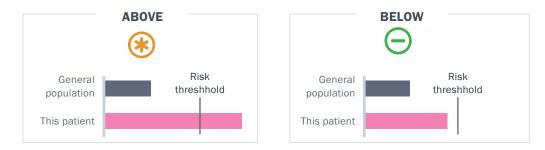
## Terms you might see in your report

#### Variant of uncertain clinical significance (VUS)

A VUS is a type of genetic change with unknown health impacts. Medical care decisions should **not** be made based on a VUS. If new information about a VUS found in your test becomes available that could affect your medical care or provide information about your cancer risks, Myriad will contact your healthcare provider.

#### Breast cancer RiskScore®

RiskScore estimates the chance that a person might develop breast cancer. The score is calculated using personal and family health history and genetic information from this test. The RiskScore bar chart compares your lifetime breast cancer risk (pink) with that of the general population (gray). People with a score of 20% or higher may need additional breast cancer screening.



#### Tyrer-Cuzick risk calculation

Tyrer-Cuzick is also a tool that estimates the chance that a person might develop breast cancer in their lifetime. The calculation only uses personal and family health history. People with a risk calculation of 20% or higher may need additional breast cancer screening.

#### Single site MyRisk analysis

Single site tests look for a specific genetic change in one gene. If a member of your family has tested positive for a genetic change linked to an increased chance of developing cancer, your healthcare provider might have ordered testing for that specific genetic change.

# **Next steps**



Discuss results with your healthcare provider.

**Share** results with family members and encourage them to talk to their healthcare provider about hereditary cancer testing.



**Consult** a genetic counselor via the National Society of Genetic Counselors: <u>findageneticcounselor.nsgc.org</u>



**Update** your healthcare provider about any changes to your personal or family health history. These updates might impact your care plan.



Review our resources

Educational session with a board-certified genetic counselor <u>patient.myriad.com</u> Information about the genes tested with MyRisk <u>myriad.com/gene-table</u> Financial assistance and billing <u>myriad.com/affordability</u>

# **Wyriad** genetics<sup>•</sup>

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